







Ab Health Hamesha





About Us

Religare Health Insurance Company Limited is a specialist health insurer engaged in the distribution & servicing of health insurance products. Religare Health Insurance is promoted by Religare Enterprises Limited, a leading diversified financial services group based out of India; its other shareholders are Union Bank of India & Corporation Bank.

Religare is promoted by the founders of Fortis Healthcare, which owns or manages 54 healthcare facilities in India, Dubai & Mauritius; SRL Diagnostics, India's largest diagnostics company with 306 networking laboratories, 6900 collection points and presence in Dubai, Sri Lanka & Nepal and the Fortis Healthworld chain of pharmacy and wellness stores.

Our expertise in the spectrum of financial services, healthcare delivery and preventive health solutions, coupled with a robust distribution model, offers us a unique edge to deliver and excel in a business environment that is driven by serviceability & scale.





Grue happiness lies in living life the way you want to. Having the freedom to eat what you like, visit the places you yearn for the most and in general staying worry-free about your health and living your life to the fullest. In a way, it's not such a big ask. But in reality, it's hardly that way. Health issues arise as part of this sought-after freedom. We, at Religare Health Insurance (RHI), believe that these small hurdles should stay small and not, in any way, take away your freedom to live the life you want. Precisely why we introduce Care Freedom - a comprehensive health insurance plan that will not just cover your health, but go beyond.

Our philosophy

Life's uncertainties are inevitable. And that's the case with health too. You don't choose to fall ill; it's the other way round. And illness means expenses. Of course there are health policies, but to take one in the first place, you have to go through stringent medical evaluation tests. Also, if you have any pre-medical history, your chances of getting a health insurance diminishes considerably. In such cases, you'll end up with a negligible or almost no health cover. Given the rising medical expenses, such a situation is nothing short of scary. And that's where this plan of Care Freedom promises to take proper care of you. It will provide you access to the best healthcare facilities to put you back on the road to recovery, without worrying about medical bills and other related expenses. In other words, we will take the worry out of your recuperation. With us and Care Freedom by your side, it is truly Health and Freedom, Hamesha!



What is not covered?

- Any pre-existing ailment/injury not covered upto 24 continuous months from the date of policy issuance
- Any diseases contracted during first 30 days of the policy start date except those arising out of accidents
- Any OPD Treatment
- Expenses attributable to self-inflicted injury (resulting from suicide, attempted suicide)
- Expenses arising out of or attributable to alcohol or drug use/misuse/abuse
- Cost of spectacles/contact lenses, dental treatment expenses that do not require hospitalisation
- Medical expenses incurred for treatment of AIDS
- Treatment arising from or traceable to pregnancy and childbirth, miscarriage, abortion and its consequences
- Congenital disease
- Tests and treatment relating to infertility.

Remember, there are some treatments such as non-infective arthritis, cataract, joint replacement etc., which are covered only after completion of 2 consecutive policy years.

For a detailed set of exclusions, please log on to www.religarehealthinsurance.com

Policy ⁻	Terms	

	Care Freedom Plan I		Care Freedom Plan 2	
Minimum Entry age	Adult: 18 years	Child: 90 days	Individual: 46 years Floater: Eldest Insured Person - 46 years Other Adult: 18 years Child: 90 Days	
Maximum Entry Age	Adult: Lifelong	Child: 24 years		
Age of Proposer	18 years or above			
Cover Type	Floater/Individual (upto 6 members)			
Renewal	Lifelong Renewal. The policy can be renewed under the then prevailing Health Insurance Product or its nearest substitute approved by IRDAI			
Grace Period	30 days from the policy period end date			
Initial Waiting Period	30 days for any illness			
Waiting Period - Named Ailments	2 years of continued coverage			
Waiting Period - Pre Existing Diseases	2 years of continued of	coverage		

Optional Covers		
Optional Cover - 2 : Home Care	Upto Rs. 1,000 per day; Max. 7 days per any one Illness/Injury & Max. 45 days per policy year per Insured Person; Covered after a deductible of 1 day	
Optional Cover – 3 : Health Check+	'Benefit - Annual Health Check-Up' upgradable to either 'Diabetes Health Check-up' or 'Cardiac Health Check-up'	

Optional Cover is available on payment of additional premium. For complete set of optional covers please visit our website.

Care Freedom

Presenting the freedom to get Health Insurance Coverage without worrying about your current health status. This plan of Care Freedom offers you the liberty to lead the life of your choice and stay worry-free, always. Under this plan, you get

- · Freedom to get health insurance cover without any hassles
- Freedom of quality treatment at leading hospitals
- Freedom to choose optional coverage

Key Benefits

- Only 2 year wait period in case of Pre-existing Diseases
- · Annual health check-up for all insured members covered as adults
- Automatic recharge of sum insured if claim amount exhausts your coverage limit, where reinstated amount can be used for future claims, not related to the Illness/Injury for which the claim has been made during the same year.
- Ease of cashless treatment & settlement of claims directly by the company
- Life-long Renewability
- Tax benefit on premium paid, u/s 80D of Income Tax Act 1961

The freedom to be covered

In-patient Care (hospitalisation more than 24 hours)

If you are admitted to a hospital for in-patient care, for a minimum period of 24 consecutive hours, we cover for your treatment expenses - right from room charges, nursing expenses and intensive care unit charges to surgeon's fee, doctor's fee, anaesthesia, blood, oxygen, operation theatre charges, etc.

Day Care Treatment (hospitalisation less than 24 hours)

We also pay for your medical expenses if you undergo any of the specified day care treatments at a hospital or a Day Care Centre - we cover more than 170 day care treatments.

Pre-hospitalisation

Examination, tests and medication - Sometimes the procedures that finally lead you to hospital, such as investigative tests and medication, can be quite financially draining. We cover the medical expenses incurred by you before your hospitalisation as well.

Post-hospitalisation

Back home and till you are back on your feet - The expenses don't end once you are discharged. There are bound to be follow-up visits to your medical practitioner, medication that is required and sometimes even further confirmatory tests. We also cover the medical expenses incurred by you after your hospitalisation and is valid till 30 days beyond the Policy End Date.

Ambulance Cover

Getting to the hospital - It is our utmost concern that you get the medical attention you require as soon as possible in an emergency. We will reimburse you for expenses that you incur on an ambulance service offered by the hospital or any ambulance service provider, in an emergency situation.

Sub-limits			
Sum Insured - on annual basis (in ₹)	3 Lacs#	5 Lacs [#]	7 Lacs / 10 Lacs ^{##}
Room Rent/Room Category	Twin Sharing Room subject to a max. of 1% of SI per day	Twin Sharing Room	Single Private Room
ICU Charges	Upto 2% of SI per day	No Limit	No Limit
Co-payment*	20% per claim	20% per claim	20% per claim
Treatment of Cataract	Upto ₹ 20,000 per eye	Upto ₹ 30,000 per eye	Upto ₹ 30,000 per eye
Treatment of Total Knee Replacement	Upto₹80,000 per knee	Upto ₹ 1,00,000 per knee	Upto ₹ 1,20,000 per knee
 Treatment for each Ailment/Procedure mentioned below:- i. Surgery for treatment of all types of Hernia ii. Hysterectomy iii. Surgeries for Benign Prostate Hypertrophy (BPH) iv. Surgical treatment of stones of renal system 	Upto ₹ 50,000	Upto ₹ 65,000	Upto ₹ 80,000
 Treatment for each Ailment/Procedure mentioned below:- i. Treatment of Cerebrovascular and Cardiovascular disorders ii. Treatments/Surgeries for Cancer iii. Treatment of other renal complications and Disorders iv. Treatment for breakage of bones 	Upto ₹ 2,00,000	Upto ₹ 2,50,000	Upto₹3,00,000

*The applicable Co-payment will increase by 10% per Claim in the Policy Year following the Insured Person (or eldest Insured Person in the case of a Floater cover) attaining Age 71. If an Insured Person (or eldest Insured Person in the case of a Floater cover) attains age 71 years during the Policy Period, additional 10% co-payment will be applicable to the Policy only at the time of subsequent renewal. However, if the age of the Insured Person or eldest Insured Person (in case of Floater) at the time of issue of the first Policy with the Company is 70 years or below, then the Insured Person has an option to waive the condition for the additional 10% Co-payment upon payment of extra premium in this regard.

[#]Plan details under Rs. 3 Lacs and Rs. 5 Lacs Sum Insured refers to Care Freedom Plan-I

##Plan details under Rs. 7 Lacs and Rs. 10 Lacs Sum Insured refers to Care Freedom Plan-2

This is only summary of selective features of Care Freedom with only selective Sum Insured options displayed below. For complete details, please refer to the prospectus cum sales literature uploaded on www.religarehealthinsurance.com

Plan Options			(in ₹)
Sum Insured - on annual basis (in ₹)	3 Lacs#	5 Lacs#	7 Lacs / 10 Lacs##
In-Patient Care	Upto Sum Insured		Upto Sum Insured
Day Care Treatment (for selected ailments)	Upto Sum Insured		Upto Sum Insured
Recharge of Sum Insured	100% of original SI upon exhaustion of SI		100% of original SI upon exhaustion of SI
Annual Health Check-up	Annually		Annually
Consumable Allowance (Max. 7 days per Hospitalization covered after 3 days)	₹ 750 per day	₹ 1,000 per day	₹ 1,000 per day
Companion Benefit (if hospitalisation exceeds 10 days)	₹10,000	₹ 15,000	₹ 15,000
Pre-hospitalization and Post-hospitalization expenses	Upto 7.5% of payable Hospitalization expenses	Upto 10% of payable Hospitalization expenses	Upto 10% of payable Hospitalization expenses
Ambulance Cover	Upto ₹ 1,000 per Hospitalization		Upto ₹ 1,000 per Hospitalization
Domiciliary Hospitalization	Upto 10% of Sum Insured covered after 3 days		Upto 10% of Sum Insured covered after 3 days
Dialysis Cover	Upto ₹ 1,000 per sitting limited to 24 consecutive months		Upto ₹ 1,000 per sitting limited to 24 consecutive months
Tenure	l year/2 years/3 years		l year/2 years/3 years

[#]Plan details under Rs. 3 Lacs and Rs. 5 Lacs Sum Insured refers to Care Freedom Plan-I

##Plan details under Rs. 7 Lacs and Rs. 10 Lacs Sum Insured refers to Care Freedom Plan-2

Domiciliary Hospitalisation

Despite suffering from an illness/disease/injury (which would normally require care and treatment at a hospital), hospitalisation may not be possible - perhaps your state of health is such that you are in no condition to be moved to a hospital, or a room may not be available. Don't worry, we understand that and are happy to let you know that under 'Domiciliary Hospitalisation', we will reimburse the medical expenses incurred by you during your treatment at home, as long as it involves medical treatment for a period exceeding 3 days and had actually merited hospitalisation.

Consumable Allowance

It all adds up! A trip to a hospital involves more than just using the doctor's services and hospital facilities. You are bound to incur numerous 'non-medical' expenses such as consumables, transportation, attendant's cost and other daily expenses that you may not be able to even foresee. To meet these expenses, we pay 'Consumable Allowance' - a lumpsum per day for each day of hospitalisation.

Recharge of Sum Insured

A refill is always welcome! Get automatic recharge of Sum Insured if claim amount exhausts your coverage limit, at no extra cost. The recharged Sum Insured can be used by other insured members under the same policy for any future claim. The claimant can also use the recharged Sum Insured for any future claim, not related to the ailment already claimed during the same year.

Health Check-up

Under this plan, you get Annual health check-up for all insured members, covered as adults, regardless of claims history. This includes Complete Blood Count with ESR, Urine routine, Blood Group, Fasting Blood Sugar, Lipid Profile, Kidney Function Test, ECG.

Longer Policy Term

To make the process of renewing your health insurance more convenient, choose a policy with a term of one, two or three years. What's more! Avail a discount on your premium if you opt for a 2-year policy term or a 3-year policy term.

Tax Benefit

Opting for health insurance is certainly a step in the right direction, and it comes with a two-fold benefit. Not only does it ensure that you and your family can access good medical care at all times, it also enables you to avail a tax benefit on the premiums you pay towards your health insurance, as per prevailing tax laws of the Income Tax Act, 1961.

(Tax Benefits under the policy will be as per the prevailing Income Tax laws and are subject to amendments from time to time. For tax related queries, contact your independent tax advisor.)

Free look period

We have your best interests at heart and at the same time recognise that you know your needs best. Hence, after purchasing the policy, if you find it unsuitable, you can cancel and return the policy to us. Our policies come with a free-look period of 15 days from the date of receipt of policy. If no Claim has been made under the Policy, we will refund the premium received after deducting proportionate risk premium for the period of cover & stamp duty charges, as applicable.

The edge of new-age

• Companion Benefit – We will pay an additional lumpsum amount if the insured person is admitted to a Hospital and the period of stay is more than 10 consecutive days.

• Dialysis Cover - We will cover Dialysis expenses by paying a fixed amount per sitting, payable upto 24 months.

• Home Care (optional cover 2) - We will indemnify the expenses incurred towards hiring a Qualified Nurse with the purpose of providing care and convenience to perform Insured Persons daily activities, subject to maximum of 7 days per illness/injury & maximum of 45 days per policy year after a deductible of 1 day.

• Health Check+ (optional cover 3) - We provide You an option to get Your Benefit – Annual Health Check-up upgraded to either Diabetes Health Check-up or Cardiac Health Check-up. You can avail the following set of tests under the upgraded annual health check-up:-

Diabetes Health Check – up	Cardiac Health Check – up
Complete Blood Count with ESR, Urine RE, Blood Group, Fasting & PP Blood Sugar, TMT, Lipid Profile, Kidney Function Test, Liver Function Test, TSH, Medical Examination Report, HbAIC, Urine for Micro Albuminuria, Hbs Ag	Complete Blood Count with ESR, Urine RE, Blood Group, Fasting & PP Blood Sugar, TMT, Lipid Profile, Kidney Function Test, Liver Function Test, TSH, Medical Examination Report, HbsAG, Chest X-ray

Optional Cover is available on payment of additional premium. For complete set of optional covers please visit our website.

Cashless Treatment at leading hospitals

With cashless hospitalisation, you no longer need to run around paying off hospital bills and then follow up for a reimbursement. All you now need to do is get admitted to any of our network hospitals and concentrate only on your recovery. Relieve yourself from the worry of arranging for the funds. Leave the bill payment arrangements to us.

Direct Claim Settlement

We believe in the old adage, "The proof of the pudding is in the eating." So we back up our promise with an enduringly simple claims procedure, which involves just you and us.

- Either in the case of an emergency or a planned hospitalisation, all you have to do is present the Religare Health Card at any of our network of more than 4,900+ leading hospitals pan India and avail the cashless service.
- In case of reimbursement of expenses, all you need to do is notify us immediately about the claim. Call us directly, send us the specified documents and we'll process your claim.

Since you interact directly with us, we can be doubly sure that you are satisfied. And when you are satisfied, we feel satisfied too.





Religare Health Insurance Company Limited

Registered Office: 5th Floor, 19 Chawla House,Nehru Place,New Delhi-110019 Correspondence Office: Vipul Tech Square, Tower C, 3rd Floor, Golf Course Road, Sec-43, Gurugram-122009 (Haryana) Website: www.religarehealthinsurance.com E-mail:customerfirst@religarehealthinsurance.com Call us: 1800-200-4488 | 1860-500-4488

Disclaimer: This is only summary of selective features of product Care Freedom. For more details on risk factors, terms and conditions please read sales brochure carefully before concluding a sale. If you require any further information or clarification, please seek the advice of your insurance advisor or read prospectus cum sales literature carefully which have been uploaded on our website.

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